DEVON FEDERATION OF WOMEN'S INSTITUTES SPORTS AND LEISURE SUBCOMMITTEE



Join us for a relaxing morning cycle ride along the River Exe

Tuesday 4th July



10.30 am at Saddles and Paddles on Exeter Quay, EX2 4AN

Cost: £19 per person (£12 if bringing own bike)

This is your chance to enjoy a leisurely 'green' morning, cycling along 4 miles of towpath and cycle tracks beside the Exe and the Exeter Canal. Your destination is the village of Exminster for refreshments before your 4 mile return to Exeter Quay. 3 hour cycle hire has been arranged at Saddles and Paddles, near the Custom House on the Quay; all you have to do is turn up. Lycra not required!

Members of Newcourt WI will see you off and welcome you back, while Exminster WI members will greet you at the hall with a hot drink and home-made cake.

Why not explore the Quay area after you've returned your bike and explore the interesting shops plus plenty of eating and drinking outlets?

CLOSING DATE: 9th June

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To: Angela White, 12 Old Rydon Ley, Exeter EX2 7UA

Angela.white@devonwi.org.uk

CYCLING MORNING TUESDAY 4th JULY

WI …….

Contact Name ……..……...

Contact Phone/Email ……..……

Paying by BACS …… 08-92-99 67185081

Paying by cheque – please make cheque payable to DFWI. Please put your WI and 'Cycling' as reference.

£19 if hiring a bike, £12 if bringing your own.

CLOSING DATE: 9th June